

Dr. Jonie Girouard

My family and I arrived in New Zealand in 2015. Being a Wyoming (USA) native, I've enjoyed living and working in North Canterbury. I initially trained as a Biomedical Engineer and completed my medical school training in 1999 at the University of Iowa College of Medicine (USA). During my residency training in Family Medicine, I had the opportunity to service in the medical mission field in Liberia, Sierra Leone and Ecuador. After completing my residency training in Family Medicine in 2002, I worked with the Indian Health Service on the Blackfeet reservation in Browning, MT as an inpatient and out-patient medical officer and eventually served as the Hospital Clinical Director. In 2006, I joined a multispecialty foundation and continued to work as a general practitioner in Cody, Wyoming (next to Yellowstone Park). Recognizing that my passion was in the prevention of disease, I embarked on additional training in diabetes and obesity medicine and became Board Certified in Obesity Medicine in 2012. Over the years, I've had the opportunity to work with families from birth to death and have realized my passion is in preventing disease, promoting wellness and healthier lifestyles for my patients and their families.

When I'm not at the office, I continue to work with my husband and consult in the USA. Our 3 wonderful children keep our lives full of laughter and very busy. I'm also enjoying the gardening challenges of North Canterbury in my spare time.