

Dr Don Ponnampereuma

I completed a Bachelor of Biomedical Sciences at the University of Otago in 2006 and went on to study medicine as it combined my interest in science with an opportunity to interact with people from a variety of backgrounds. I enjoyed learning the various health problems and how they affect people differently, ranging from the acute, life-threatening problems to long-term medical issues. After graduating with a medical degree, also from the University of Otago, in 2011 I went onto work as a house officer and registrar in a variety of specialties, including general medicine, psychiatry and a number of surgical specialties. General practise appealed because of the challenge of the specialty and the variety of presentations; consequently I started my vocational training in general practise in 2016 and I learned from wonderful, dedicated GP-teachers at medical centres in Christchurch. I am currently expanding my knowledge and skills base by undertaking a Post Graduate Certificate in Musculoskeletal Medicine, which I am already finding very useful in day-to-day practise. When I am not working I like to travel around, both within New Zealand and overseas.